

## UKCC JUDO LEVEL 2 LEARNING PROGRAMME OVEVIEW

Level 2 Consists of two separate weekends (Sat/Sun – Sat/Sun) set two to four weeks apart and the Learning programme includes a mock assessment and personal action planning process before a period of extended study and logged Coaching practice prior to the final assessment day:

Day 1	Day 2		Day 3		Day 4		Day 5
<b>Module 1</b> Welcome and Induction  Judo Coaching – The Big Picture	<b>Module 5</b> Judo Principles 2 (Breaking down techniques)	C O A C H I N G  P R A C T I C E  -  S E S S I O N S	<b>Module 9</b> The whole judo Player  Group 2	I N T  A S S E S S I O N S  G 1	<b>Module 11</b> Judo Principles 3	C O A C H I N G  P R A C T I C E  6  W E E K  P R O G R A M M E	Independent Assessment
<b>Module 2</b> Knowing your players	<b>Module 6</b> Safe Judo		<b>Module 10</b> Planning and Evaluating III  Group 2		<b>Module 12</b> Adapting sessions		Independent Assessment
<b>Module 3</b> How people learn? Judo Principles 1 (Basic Judo Principles)	<b>Module 7</b> Planning and Evaluation 1		<b>Module 9</b> The Whole Judo Player  Group 1	<b>Module 13</b> Developing Coaching skills with style II	Independent Assessment		
<b>Module 4</b> Introducing Coaching skills with style I	<b>Module 8</b> Planning and Evaluation II		<b>Module 10</b> Planning and Evaluating III  Group 1	<b>Module 14</b> Managing a quality session	Independent Assessment		